FLATBREADS

ROASTED SQUASH
caramelized onion, ricotta, walnut cream, cranberry balsamic (G)(V) 13

WILD MUSHROOM
scallion, apricot, horseradish (G)(V) 14

ROASTED TOMATO
burrata, garlic, arugula, herbs (G)(V) 13

CHICKEN
fennel, tomato, kale, pecan pesto (G) 14

STARTERS

PHEASANT ZOUPEpic
vegetables, local grains, herbs (G) 10

BAKED BRIE
cheese, tart cranberry compote, pecans, toast (G)(V) 13

TUNA TARTARE
preserved lemon, nori aioli, crispy rice noodles, mustard green chimichurri 17

SIDES

MOWRY FRENCH FRIES
MC sauce, buffalo ketchup (V) 8

SPICED CHIPS(V) 4

SALADS

ADD ON: chicken 6, salmon 10, shrimp 12

MARKET MIXED GREENS
charred carrot, hazelnut, cranberry, maple balsamic (V) 10

SPINACH
charred oranges, goat cheese, pecans, cocoa pomegranate vinaigrette (V) 12

MOWRY CHOP
avocado, corn, peppers, cotija, black currant, pheasant, mole 16

HEIRLOOM TOMATO
beets, burrata, basil, citrus vinaigrette (V) 14

RYE CAESAR
gem lettuce, lime, grilled bread, parmesan (G) 12

BOWLS

CITRUS SALMON & CHICKPEA*
avocado, pickled cabbage, cucumber, beet, dill green goddess 18

POACHED SHRIMP & QUINOA*
sweet potato, daikon, snap pea, bok choy, ginger pineapple reduction 17

ZA’ATAR CHICKEN & ANCIENT GRAIN
carrot, asparagus, olive, feta, tomato vinaigrette (G) 17

CHARRED TUNA & EDAMAME*
mango, rice noodles, radish, broccoli, miso mustard 19

SANDWICH

Served with house-made spiced chips or simple salad

SMOKED BRISKET REUBEN
swiss cheese, marinated cabbage, B&B pickles, Carolina gold thousand island, marbled rye (G) 17

HERB ROASTED TURKEY
avocado, tomato, alfalfa sprouts, swiss cheese, sunflower pesto, oat wheat bread (G) 16

LAMB TACOSShared
harissa braised lamb, Mowry pickles, herb yogurt (G) 15

MOWRY’S BIG BURGER*
aged cheddar, MC sauce & fixings, brioche bun (G) 18

CRISPY CHICKEN
buttermilk slaw, dill pickles, honey mustard, havarti, brioche bun (G) 17

BLACK BEAN BURGER
pepper jack cheese, roasted peppers, arugula, charred herb salsa, wheat bun (G)(V) 16

SEAURED AHI TUNA MELT*
white cheddar, spicy corn hummus, rye bread (G) 18

*signature dish  (G) contains gluten  (V) vegetarian
†Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.