# MOWRY & COTTON LUNCH

# ENJOY A SHAREABLE, MODERN AMERICAN MENU

# **FLATBREADS**

#### **ROASTED SQUASH**

caramelized onion, ricotta, walnut cream, cranberry balsamic (G)(V) 13

#### **#WILD MUSHROOM**

scallion, apricot, horseradish (G)(V) 14

#### **ROASTED TOMATO**

burrata, garlic, arugula, herbs (G)(V) 12

#### CHICKEN

fennel, tomato, kale, pecan pesto (G) 14

# STARTERS

### **†† PHEASANT ZOUP**

vegetables, local grains, herbs (G) 10

### **CORN & CHORIZO DIP**

oaxaca cheese, chiles, chicharrones (G) 13

#### TUNA TARTARE

preserved lemon, nori aioli, crispy rice noodles, mustard green chimichurri 17

# SIDES

#### **MOWRY FRENCH FRIES**

MC sauce, buffalo ketchup (V) 8

SPICED CHIPS(V) 4

# SALADS

add on: chicken 6, salmon 10, hanger steak 12

#### MARKET MIXED GREENS

charred carrot, hazelnut, cranberry, maple balsamic (V) 10

#### SPINACH

charred oranges, goat cheese, pecans, cocoa pomegranate vinaigrette (V) 12

### **#MOWRY CHOP**

avocado, corn, peppers, cotija, black currant, pheasant, mole 16

#### **HEIRLOOM TOMATO**

beets, burrata, basil, citrus vinaigrette (V) 14

### RYE CAESAR

gem lettuce, lime, grilled bread, parmesan (G) 12

#### KALE & WHEATBERRY

beet, cauliflower, feta, pepita, apricot, herb tahini dressing (G)(V) 14

# BOWLS

#### CITRUS SALMON & CHICKPEA\*

avocado, pickled cabbage, cucumber, beet, dill green goddess 18

### POACHED SHRIMP & QUINOA\*

sweet potato, daikon, snap pea, bok choy, ginger pineapple reduction 17

### ZA'ATAR CHICKEN & ANCIENT GRAIN

carrot, asparagus, olive, feta, tomato vinaigrette (G) 16

#### **CHARRED TUNA & EDAMAME\***

mango, eggplant, radish, broccoli, miso mustard 19

### SANDWICH

served with house-made spiced chips or simple salad

#### SMOKED BRISKET REUBEN

swiss cheese, marinated cabbage, B&B pickles, Carolina gold thousand island, marbled rye (G) 17

#### HERB CHICKEN

brie, fennel, arugula, apple bourbon butter, ciabatta (G) 16

#### HERB ROASTED TURKEY

avocado, tomato, alfalfa sprouts, swiss cheese, sunflower pesto, oat wheat bread (G) 16

### **#LAMB TACOS**

harissa braised lamb, Mowry pickles, herb yogurt (G) 15

### **#MOWRY'S BIG BURGER\***

aged cheddar, MC sauce & fixings, brioche bun (G) 18

#### CRISPY CHICKEN

buttermilk slaw, dill pickles, honey mustard, havarti, brioche bun (G) 16

#### BLACK BEAN BURGER

pepper jack cheese, roasted peppers, arugula, charred herb salsa, wheat bun (G)(V) 14

#### **SEARED AHI TUNA MELT\***

white cheddar, spicy corn hummus, rye bread (G) 18

# crafted by CHEF TANDY

† signature dish (G) contains gluten (V) vegetarian

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.