



THE PHOENICIAN
SCOTTSDALE

THE
LUXURY
COLLECTION



THE SPA ON 4TH

FALL SERVICES

OCTOBER 1 THROUGH DECEMBER 31, 2017



A RETREAT FOR BODY, MIND AND SPIRIT

According to ancient legend, the mythical phoenix rose from the ashes of its past to be reborn and celebrate renewal. This power of transformation, whether of the body, spirit or mind, is inherent to the philosophy of the spa. Our spa rituals lead to inner calm, self-revelation and harmony with one's own natural rhythms. Like the mythical phoenix, one's body is a powerful change master – but it is the spirit that transforms.

PLANNING A SPA VISIT

Please arrive 15-minutes prior to your appointment time to check-in. Arriving late to your treatment will deprive you of precious minutes of your treatment. Your service will end as scheduled as not to delay the next guest.

All body scrubs and wraps that include massage will be Swedish massage.

If you need to change/cancel, we request a 4-hour notice, otherwise you will be charged.

All services are guaranteed with a credit card or room confirmation number.

CENTRE YOURSELF WITH SIGNATURE EXPERIENCES

DESERT SERENITY SCRUB, WRAP AND MASSAGE *110 min.*

This treatment combines a salt scrub to exfoliate dead skin with a detoxifying wrap of mineral-rich clay, green tea and essential oils. After showering, enjoy a full body Swedish massage.

WARM SPICE SCRUB AND MASSAGE *80 min.*

An aromatic blend of cinnamon, nutmeg and mandarin are combined into a creamy exfoliating scrub, followed by a rich oil massage, hydrating skin and relaxing mind and body. A healing, hot coconut oil foot therapy completes this treatment.

WELL-BEING

HOT STONE RITUAL *50 min. or 80 min.*

Your therapist applies gentle pressure with hot stones to bring relief to sore muscles and joints, melting stress away and taking you to a deep level of relaxation.

HOLISTIC MASSAGE *80 min.*

Break free from tradition and indulge in our most unique experience for reducing stress and tension, while restoring peace and clarity. This customized treatment will blend up to three massage techniques based on your needs.

ESSENTIAL HEALING *80 min.*

Start with a pure essential oil treatment on the back to calm senses, boost immunity, decrease tension and bring balance followed by a full body massage.

 Denotes Signature Experience Service

 Denotes Pregnancy Safe Body Treatments

Prices are listed on the following pages.

INTRACEUTICALS

INFUSION FACIALS *50 min. or 80 min.*

A revolutionary skin care treatment simultaneously infusing moisture, vitamins and anti-oxidants into the skin via cooling, calming topical hyperbaric oxygen. Please refer to page 7 for a complete listing.

REVEAL YOUR BRILLIANCE *50 min.*

A revitalizing Vitamin-C based facial that hydrates and tightens the skin with pharmaceutical grade Glycolic Acid and gentle enzymes to exfoliate even the most sensitive skin. Created to accelerate cellular renewal, your skin will be brighter, firmer and reveal its true youthful brilliance. Includes a post-treatment sample kit to extend results. **Sun exposure is not recommended after this treatment*

PHOENICIAN'S FINEST FACIAL *80 min.*

A highly advanced skin care treatment offering the best our experts can offer. Begin with a natural, pharmaceutical-grade Vitamin-C enzyme peel, which prepares skin for an oxygen infusion of hyaluronic acid and antioxidants. A green tea serum leaves skin renewed, rehydrated and diminishes fine lines.

BOTANICAL REJUVENATING STEM CELL FACIAL *50 min.*

Give your skin a boost! Infused with a blend of Argan and Comfrey Stem Cells and supercharged with Collagen, Retinol and Elastin, this facial starts working quickly to reduce lines and wrinkles.

ILLUMINATION THROUGH TAROT

25 min., 50 min., or 80 min.

Our intuitive guides help find answers to questions you've been asking by using the Ancient Art of Tarot. Using intuition can help you shift your focus to create the outcome you desire.

PURIFYING AND REFINING BODY TREATMENTS

Skin is the body's largest organ, which is why it should be nurtured in this unique way. Designed of the finest quality, giving you the opportunity to experience the best from around the world. Select one of our exceptional treatments each offering a variety of solutions for the body.

50 min. \$129

80 min. \$169

110 min. \$219

☯ DESERT SERENITY SCRUB, WRAP & MASSAGE

110 min

In this detoxifying body treatment, an application of mineral-rich clay, green tea and essential oils is followed by a gentle exfoliation. After showering, enjoy a full body Swedish massage.

☯ PAPAYA QUENCH WRAP

50 min.

Nourishing and repairing, this organic de-aging body masque of vitamin-rich papaya and pineapple renews the skin. It's paraben-free and boasts Papain to diminish sensitivity and promote healing. A light massage of matching body balm finishes the treatment.

THERMAL MOOR MUD WRAP

80 min.

Our most detoxifying service, pure Hungarian Moor Mud is smoothed over to rejuvenate the body in this relaxing, warm wrap. After showering, a gentle full-body massage is combined with a detoxifying oil to complete the experience.

ULTIMATE DETOX

110 min.

Our Moor Mud wrap with the benefit of cupping massage. After your wrap, receive a detoxifying cupping treatment included in the full-body massage.

VISIBLE RADIANCE BODY WRAP

110 min.

Be exfoliated, massaged and wrapped to firm and brighten skin from head to toe. Five layers of product assure that you're smooth and hydrated. A luxurious body-firming moisturizer completes the experience.

☯ SHEA BUTTER TREATMENT WITH HONEY AVOCADO FOOT THERAPY

50 min. or 80 min.

100% pure Shea Butter is lightly massaged all over the body. The treatment ends with a hydrating foot therapy and massage. Excellent for dry skin.

☯ WARM SPICE SCRUB AND MASSAGE

80 min.

An aromatic blend of cinnamon, nutmeg and mandarin are combined into a creamy exfoliating scrub, followed by a Swedish massage that hydrates the skin and relaxes mind and body. A healing, hot coconut oil foot therapy completes this treatment.

GENTLEMAN'S SCRUB

50 min.

This sea salt scrub infused with cedarwood will uplift the senses and get rid of dead skin.

☯ COOLMINT LEG AND FOOT TREATMENT

50 min.

Invigorate the 'lower half' with a massage and foot scrub. Great for runners! We use a pumice-cream scrub on the feet and an enlivening Spearmint leg lotion to wake up tired muscles and help them feel rejuvenated.

LAVENDER, SAGE AND SEA SALT SCRUB

50 min.

An invigorating sea salt scrub with lavender and clary sage to soothe the senses while renewing the skin. Finish with a light application of lavender oil.

ORGANIC GINGER LIME SUGAR SCRUB

50 min.

Delight your senses while exfoliating skin with this 100% natural body-smoothing scrub. Finish the treatment with a deliciously fragrant application of coconut-argan oil.

☯ SOS EXFOLIATION

50 min

Help for dry skin using volcanic pumice-cream scrub, your entire body will be smooth and soft. This gentle exfoliation is perfect for every skin type and has a fresh, clean scent.

MASSAGE AND BODYWORK THERAPIES

Our award-winning therapists are known for relieving stress and enhancing a deep relaxation of the body and mind. Whether seeking the pinnacle of relaxation, therapeutic relief, detoxification or balance of body-mind-soul, the answer is here.

50 min. \$119

80 min. \$159

SWEDISH

A relaxing, full-body massage using long sweeping strokes and light pressure kneading to improve muscle tone and stimulate circulation. Aromatherapy oils are available upon request.

THERAPEUTIC This is a medium-to-firm pressure, full-body massage, excellent for relieving tension, tightness and reducing muscle pain.

🌀 ESSENTIAL HEALING 80 min.

Begin with a pure essential oil treatment on the back which calms the senses, boosts immunity, decreases tension and brings balance. Complete this service with a full body massage.

🌀 BODY AND SOUL 50 min. or 80 min.

Experience the unparalleled healing benefits of our signature relaxation massage. This treatment infuses organic lavender, sage and high potency, supercritical extract of arnica flower which targets aches, pains and soft tissue damage. We incorporate steaming hot towels throughout the treatment to assist in the anti-inflammatory and healing properties of the essential oils, all while calming the mind.

CRANIOSACRAL 50 min. or 80 min.

A sequence of feather-light, powerful holds along the spinal column and head that balance the craniosacral system, effective for headache, TMJ dysfunction, general pain and stress elimination.

LYMPHATIC 50 min. or 80 min.

This detoxifying treatment stimulates the lymph drainage system, aiding in the removal of toxins and activating the body's natural immune system.

🌀 PRE-NATAL MASSAGE 50 min

This gentle and nurturing treatment offers a perfect combination of Swedish massage and soothing touch for the expectant mother. We offer use of a Body Support Cushion for added comfort while lying face down and a complete line of prenatal massage products including a tummy butter.

CUPPING THERAPY MASSAGE 50 min.

The use of massage cups is an ancient therapy - using negative pressure (suction), massage cupping releases tight muscles and fascia and increases lymph flow. Because it lifts tissues and pulls toxins to the surface, discoloration may appear after your treatment.

🌀 WELL-BEING

HOT STONE RITUAL 50 min. or 80 min.

Your therapist applies gentle pressure with hot stones to bring relief to sore muscles and joints, melting stress away and taking you to a deep level of relaxation.

🌀 HOLISTIC 80 min.

Break free from tradition and indulge in our most unique experience for reducing stress and tension, while restoring peace and clarity. This customized treatment will blend up to three of our most effective massage techniques for your needs.

REFLEXOLOGY 25 min. or 50 min.

Pressure is applied to the feet releasing tension, reducing fatigue and improving physical balance to the entire body.

CLINICAL SPORTS MASSAGE 50 min. or 80 min.

Improve performance with stretching, compression and range of motion techniques. This massage reduces muscle soreness, increases flexibility and speeds recovery. **Please wear comfortable workout clothing.*

COUPLES MASSAGE

50 min. \$239

80 min. \$319

Ideal if you are looking to spend some time and share a divine experience with a friend or loved one. Enjoy a side-by-side Swedish or Therapeutic massage designed to give you a lasting memory.

MASSAGE ENHANCEMENTS

These 25-minute services can be booked individually or added to any of our massage or body treatments.

À la carte \$59

BACK, NECK AND SHOULDERS

The back, neck and shoulders are common stress areas of the body. This soothing massage quickly relieves stress, tension and improves circulation.

CUPPING THERAPY MASSAGE

Lifts connective tissue and increases blood flow to skin and muscles for an overall therapeutic treatment.

REFLEXOLOGY

Pressure is applied to the feet releasing tension, reducing fatigue and improving physical balance.

REIKI

Energy flows from the Universal source in this ancient art of hands-on-healing. Great for balance and relaxation.

CROWNING TOUCH

A relaxing scalp massage with essential oils and warm towels to melt away tension.

HAND AND FOOT

Feel tension leave your body and circulation improve while hands and feet are pampered.

IN-ROOM MASSAGE

SWEDISH / THERAPEUTIC MASSAGE

60 min. \$169

90 min. \$219

A \$20 additional fee is required before 9am and after 7pm

INTUITIVE SERVICES

The ability to harness energy flowing in and around us is elemental to achieving serenity of spirit. Tap into surrounding forces with the aid of our Intuitive Guides and find relief from stress, quiet the mind or simply indulge in the moment.

25 min. \$59 50 min. \$119 80 min. \$159

VISUALIZE YOUR HEART'S DESIRE

50 min. or 80 min.

Experience deep levels of relaxation, insight and enlightenment through a guided journey. Sessions are personalized to meet individual needs.

🌀 ILLUMINATION THROUGH TAROT

25 min., 50 min., or 80 min.

Our intuitive guides help find answers to questions you've been asking by using the Ancient Art of Tarot. Using intuition can help you shift your focus to create the outcome you desire.

PERFECT BALANCE

50 min.

Treat yourself to an insightful 25-minute Tarot card reading and a relaxing 25-minute meditation session.

ASTROLOGY 80 min.

Gain insight into your past, present and future using an astrological chart calculated from your birth date, birth time and birthplace. The symbolic language of astrology provides a powerful tool for self-understanding and personal development.

HYPNOTHERAPY

80 min.

This highly focused state-of-mind reduces stress, and improves memory and concentration. Change negative patterns, sleep better, and enhance all aspects of your life.

HYPNOTHERAPY FOR WEIGHT LOSS 80 min.

Clear mental resistance to shed unwanted pounds. Includes a gift of caramel Pu-erh tea to help boost metabolism.

FACIAL TREATMENTS

Revitalize and renew the skin and your state of mind. Our renowned aestheticians pamper the skin with treatments formulated of all-natural, paraben-free, anti-inflammatory products catered to your individual needs.

50 min. \$119

80 min. \$159

PERSONALIZED FACIAL 50 min. or 80 min.

Your aesthetician will recommend a treatment based upon your skin analysis. Includes deep cleansing, exfoliation, extractions as needed, face, neck and shoulder massage. Choose the 80 minute facial to receive an upgraded eye repair and a Nu-Face sculpting treatment. *If shaving, do so a minimum of 2-hours prior to the treatment.*

LUMA FIRM LIFT AND GLOW FACIAL 50 min.

Formulated with the latest freeze dried technology, this treatment delivers a combination of skin repairing, firming and brightening agents for immediate absorbency within the skin. The skin emerges plump, tight and smooth.

PHOENICIAN BACK TREATMENT 50 min.

Designed to clarify and soften the area most difficult to reach. Includes a deep cleansing, exfoliation, extractions as needed, followed by a treatment mask. While masked, enjoy a scalp or hand massage.

NUFACE FACIAL

SCULPTING TONING SYSTEM 50 min.

Combining the power of NuFace microcurrent technology and Polypeptides for an overall more youthful appearance. Instant results can include a lifted and toned face, tighter skin, reduction of fine lines and wrinkles, reduction of puffiness, smaller pores, clearer and hydrated skin.

THE NATURAL MAN

ORGANIC FACIAL 50 min. or 80 min.

Using organic products personalized to your skin type to deep clean, smooth and hydrate. *If shaving, do so a minimum of 2-hours prior to the treatment.*

🌿 REVEAL YOUR BRILLIANCE 50 min.

A revolutionary Vitamin-C based facial that hydrates and tightens the skin with pharmaceutical grade Glycolic Acid and gentle enzymes to exfoliate even the most sensitive skin. Created to accelerate cellular renewal, to reveal skins youthful brilliance. Includes a post-treatment sample kit to extend results.

**Sun exposure is not recommended after this treatment*

TIMELESS REPAIR ANTI-AGING FACIAL 50 min.

Rich and luxurious, this award-winning line plumps skin with caviar extract, pearl powder and chamomile flower. Perfect for mature and/or dry skin.

🌿 BOTANICAL REJUVENATING STEM CELL FACIAL 50 min.

Give your skin a boost! Infused with a blend of Argan and Comfrey Stem Cells and supercharged with Collagen, Retinol and Elastin, this facial starts working quickly to reduce lines and wrinkles.

🌿 PHOENICIAN'S FINEST FACIAL 80 min. / \$179

A highly advanced skin care treatment offering the best our experts can offer. Begin with a natural, pharmaceutical-grade Vitamin-C enzyme peel, which prepares skin for an oxygen infusion of hyaluronic acid and antioxidants. A green tea serum leaves skin renewed, rehydrated and diminishes fine lines.

INTRACEUTICALS INFUSIONS

A revolutionary skin care treatment simultaneously infusing moisture, vitamins and anti-oxidants into the skin via cooling, calming topical hyperbaric oxygen. An excellent facial treatment before a special occasion, make-up application, or photography. Extractions and massage are excluded from these services.

HYDRATING INFUSION *50 min. \$139*

An infusion of pure Hyaluronic Acid, vitamins, anti-oxidants and Green Tea stimulate cell renewal while hydrating and diminishing fine lines. Skin looks younger and firmer after one treatment. Suitable for all skin types.

ANTI-AGING INFUSION *50 min. \$149*

Receive the benefits of the Rejuvenation Hydrating Infusion with the addition of a natural amino peptide complex. Designed to smooth the forehead, soften eye contour and immediately plump the lips.

OPULENCE BRIGHTENING INFUSION *50 min. \$139*

Botanical brighteners and super concentrated Vitamin-C balances uneven skin tone and leaves skin radiant.

ULTIMATE INFUSION *80 min. \$239*

A combination of hydration, anti-aging and brightening serums safely and naturally treat the cause of uneven skin tone while dramatically brightening the skin. Revive delicate neck and décolleté areas along with a special infusion treatment for hands.

WAXING / TINTING

EYEBROW SHAPING	\$30
LIP OR CHIN	\$20
FULL FACE	\$70
UNDERARMS	\$35
CLASSIC BIKINI LINE	\$55
HALF LEG	\$55
FULL LEG	\$85
BACK	\$80
EYEBROW OR LASH TINT	\$30

FREQUENTLY ASKED QUESTIONS:

What if I have special health considerations?

Please be sure to notify our staff at the time of booking reservations. Some medical conditions may require consulting with your physician prior to receiving spa services.

Can I request a male or female therapist?

Absolutely. Please specify at the time of booking your spa reservations. Please keep in mind that our therapists are fully trained to keep any areas that are not involved in the services conservatively draped at all times during your treatment.

Do I have to disrobe entirely for a spa treatment?

As our guest, we would like you to remain comfortable for your entire visit. Although it is customarily advised for guests to completely disrobe for their spa services, you may wear a swimsuit or undergarments if preferred. Please keep in mind that our therapists are fully trained to drape you discreetly and protect your privacy at all times.

Should I shave prior to my treatment?

Shaving is not necessary, but is recommended. We do encourage shaving at least two hours prior to your scheduled treatment.

Massage and body treatments that are appropriate during pregnancy are noted with the 🤰 symbol. We advise you avoid any spa treatments using deep pressure or heat.

Can I ask the therapist to adjust to my comfort level?

Absolutely. Whether it's the room temperature, the music volume or the massage pressure, please do not hesitate to ask. This is your time and we would like you to enjoy your experience to the fullest.

What is the standard tipping policy?

Gratuity is not included in individual service pricing and prices are subject to change without notice. To provide a seamless experience for our guests, a 20% service charge, which is modifiable, will be added to your treatments.

A SANCTUARY OF CARING AND RESPECT

The spa is an adult environment of tranquility and relaxation. We respect the right of all our guests to privacy and quiet by following these principles of spa courtesy:

Refrain from using cellular phones

Those 18 years of age and older are welcome in the spa

Consuming alcoholic beverages is not recommended before or after treatment

We recommend against bringing valuables to the spa

HOURS OF OPERATION

Subject to seasonal changes

Spa *9:00am - 6:00pm*

CONTACT US

Spa Reservations *800 843 2392 or*
480 624-1177

The Phoenician *480 941 8200*
Room Reservations *800 955 7352*

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